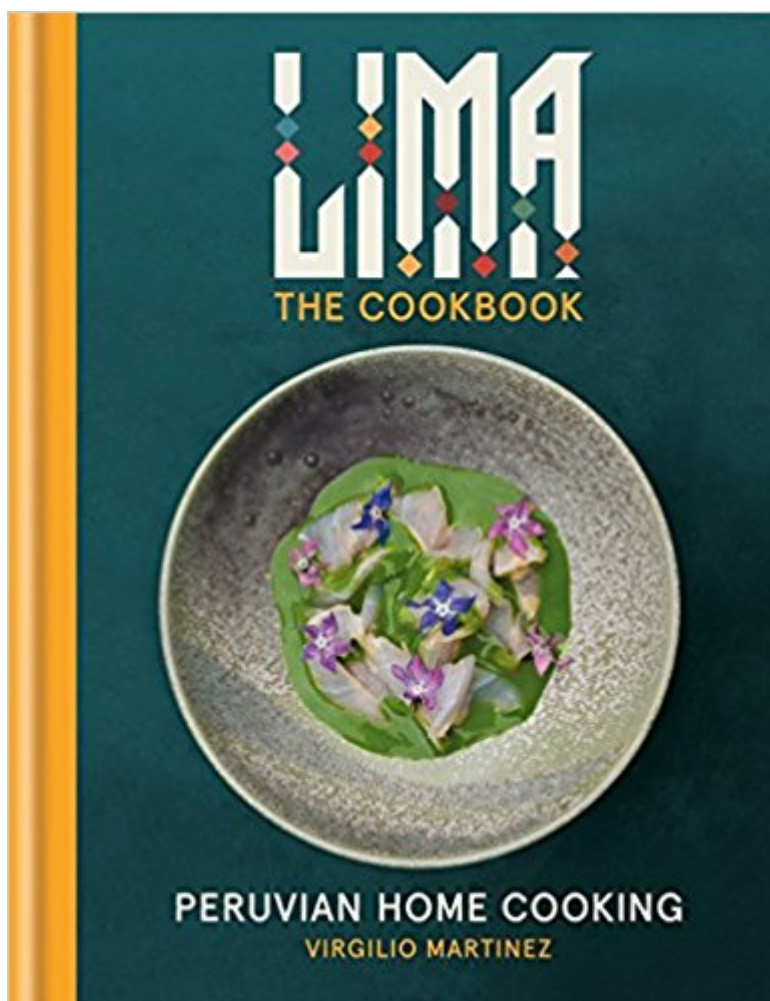




**Ebook Directory**  
the best source of ebook

The book was found

# LIMA Cookbook: Peruvian Home Cooking



## Synopsis

The growing popularity of Peruvian cuisine throughout the world has made Lima, the capital of Peru, a destination city for food lovers. Virgilio Martinez is the most famous young chef in Peru. His restaurant Central, in Lima, is among the best in the world and he has opened two LIMA restaurants in the heart of London. With this collection of more than 100 of Virgilio's fuss-free, contemporary recipes you can cook this fresh, vibrant, healthy food at home using your local fish, meat and vegetables - plus the superfoods for which Peruvian food is renowned.

## Book Information

Hardcover: 224 pages

Publisher: Mitchell Beazley (October 13, 2015)

Language: English

ISBN-10: 1784720887

ISBN-13: 978-1784720889

Product Dimensions: 7.8 x 1 x 10 inches

Shipping Weight: 2.3 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 15 customer reviews

Best Sellers Rank: #176,623 in Books (See Top 100 in Books) #46 in [Books > Cookbooks, Food & Wine > Regional & International > Latin American](#)

## Customer Reviews

A virtually un-improvable meal – Matthew Norman, Daily Telegraph.

Virgilio Martinez (Author) Virgilio Martinez was the national skateboarding champion of Peru in the 1990s but, after an accident, decided to study law in Lima. During a holiday job, he discovered his passion for cooking, dropped out of university, and traveled to Canada and then London to become a Cordon Bleu graduate. After working for 10 years in Canada, Europe and Asia he became head chef of Gaston Acurio's restaurant in Bogota. Returning home, he opened his own restaurant, Central, in the Peruvian capital in 2010, now the number one restaurant in Peru (according to Summum, Peru's leading restaurant guide), and recently voted the number one best restaurant by Latin America's 50 Best Restaurants list and 15th position in The World's 50 Best Restaurant ranking. The 36-year-old chef also has two restaurants in London - LIMA and LIMA Floral - celebrating informal modern Peruvian cooking. LIMA is the UK's first and only Peruvian restaurant to be given a Michelin star in. Martinez also runs Mater Iniciativa - a foundation for research into, and

protection of, Peruvian food culture.[www.centralrestaurante.com.pe](http://www.centralrestaurante.com.pe)<http://www.limalondon.com/>

Had the opportunity to eat in Virgilio Martinez's restaurant in Lima. This book is geared to the home cooked. It's fabulous

Great recipes from my youthful years in Peru. can't wait to try so many of them, especially the ceviche!

An excellent book written by an excellent Peruvian chef owner of the 4th best Restaurant in the world and the 1st best in Latin American. It is a book where you can get a great idea and recipes about AMAZING PERUVIAN CUISINE!

love it

Great book. The previous review talks bad about this book but I don't agree with that. If you are looking for a traditional book with Peruvian food this is not what you are looking for. This book is written by the one of the most prestigious chefs that Peru has (his restaurant Central is ranked as best in South America and 5th in the world). The type of cuisine he presents is very modern, innovative and resembles the great food that can be made in Peru with the broad variety of ingredients that are there. Some ingredients you won't be able to find them very easily but it's being creative and using the concept to apply it to your own reality and the ingredients you have available. If you love Peruvian food and want to try some new recipes that are completely out of the traditional but still with the same soul that Peruvian food has this book is for you. Give it a try

Another book for my Peruvian born daughter in law. She liked it. Knew the chef-author.

What a stunning book! Can't wait to try the recipes. I purchased this as a gift but I am about to buy another copy for myself!

Excellent!

[Download to continue reading...](#)

The Ultimate Peruvian Cookbook - Your Guide to Outstanding Peruvian Cuisine: Over 25

Mouthwatering Peruvian Recipes You Can't Resist LIMA cookbook: Peruvian Home

Cooking Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook Recipes Cooking for One Cookbook for Beginners: The Ultimate Recipe Cookbook for Cooking for One! (Recipes, Dinner, Breakfast, Lunch, Easy Recipes, Healthy, Quick Cooking, Cooking, healthy snacks, deserts) Cast Iron Cooking - Easy Cast Iron Skillet Home Cooking Recipes: One-pot meals, cast iron skillet cookbook, cast iron cooking, cast iron cookbook Easy Hawaiian Cookbook: Authentic Tropical Cooking (Hawaiian Cookbook, Hawaiian Recipes, Hawaiian Cooking, Tropical Cooking, Tropical Recipes, Tropical Cookbook Book 1) Easy Asian Cookbook Box Set: Easy Korean Cookbook, Easy Filipino Cookbook, Easy Thai Cookbook, Easy Indonesian Cookbook, Easy Vietnamese Cookbook (Korean ... Recipes, Asian Recipes, Asian Cookbook 1) Cooking for Two: 365 Days of Fast, Easy, Delicious Recipes for Busy People (Cooking for Two Cookbook, Slow Cooking for Two, Cooking for 2 Recipes) Welcome to Korean Food World: Unlock EVERY Secret of Cooking Through 500 AMAZING Korean Recipes (Korean Cookbook, Korean Cuisine, Korean Cooking Pot, Asian Cuisine...) (Unlock Cooking, Cookbook [#8]) Mug Recipes Cookbook : 50 Most Delicious of Mug Recipes (Mug Recipes, Mug Recipes Cookbook, Mug Cookbook, Mug Cakes, Mug Cakes Cookbook, Mug Meals, Mug Cookbook) (Easy Recipes Cookbook 1) Easy European Cookbook Box Set: Easy English Cookbook, Easy Greek Cookbook, Easy French Cookbook, Easy Irish Cookbook, Easy German Cookbook, Easy Portuguese ... Portuguese Recipes, Irish Recipes 1) Easy Jamaican Cookbook: 50 Unique and Authentic Jamaican Recipes (Jamaican Cookbook, Jamaican Recipes, Jamaican Cooking, West Indian Cookbook, West Indian Recipes, West Indian Cooking Book 1) Easy Irish Cookbook (Irish Cookbook, Irish Recipes, Irish Cooking, Scottish Recipes, Scottish Cooking, Scottish Cookbook 1) Easy Portuguese Cookbook: 50 Authentic Portuguese and Brazilian Recipes (Portuguese Cookbook, Portuguese Recipes, Portuguese Cooking, Brazilian Cookbook, Brazilian Recipes, Brazilian Cooking Book 1) Easy Louisiana Cookbook: Authentic Creole Cooking (Louisiana, Louisiana Cooking, Louisiana Cookbook, Louisiana Recipes, Cajun Recipes, Creole Recipes, Creole Cookbook Book 1) Easy Korean Cookbook: 50 Unique and Authentic Korean Recipes (Korean Cookbook, Korean Recipes, Korean Food, Korean Cooking, Easy Korean Cookbook, Easy Korean Recipes, Easy Korean Cooking Book 1) Welcome to Filipino Food World: Unlock EVERY Secret of Cooking Through 500 AMAZING Filipino Recipes ( Filipino Cookbook, Filipino Recipe Book, Philippine Cookbook) (Unlock Cooking, Cookbook [#27]) Welcome to Cookie World: Unlock EVERY Secret of Cooking Through 500 AMAZING Cookie Recipes (Cookie Cookbook, Best Cookie Recipes, Gluten Free Cookies Cookbook,...) (Unlock Cooking, Cookbook [#16]) Cast Iron Recipes

Cookbook: 50 Most Delicious of Cast Iron Recipes (Cast Iron Recipes, Cast Iron Cookbook, Cast Iron Cooking, Cast Iron Cooking Recipes): ... Recipes (Easy Recipes Cookbook Book 2) Peruvian Cookbook: The Best Ingredients, Tastes, and Recipes of Peru (Global Citizen Guide Book 2)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)